Indian Dental Association

Public Safety Initiative



Novel Coronavirus Disease COVID-19

How to handrub?

RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED





Apply a palmful of the product in a cupped hand, covering all surfaces;

Rub hands palm to palm;



TO SARE



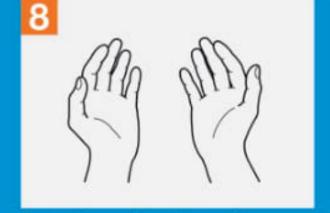
Right palm over left dorsum with interlaced fingers and vice versa;

Palm to palm with fingers interlaced;

Backs of fingers to opposing palms with fingers interlocked;







Rotational rubbing of left thumb clasped in right palm and vice versa;

Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;

Once dry, your hands are safe.

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